THE LASERLESS Tattoo Removal Guide™

HOW TO GET RID OF UNWANTED TATTOOS NATURALLY WITHOUT PAINFUL, EXPENSIVE AND HARMFUL PROCEDURES
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# Table of Contents

Introduction ........................................................................................................8

Why Natural Methods Trump Laser, Abrasion and Creams.........................10

Can Tattoos Be Removed? ..............................................................................11

Most Popular Tattoo Removal Methods .......................................................12

Laser Tattoo removal – What You Need to Know ........................................13

How painful is Laser Removal? ....................................................................13

The Complications of Commercial Tattoo Removal ....................................15

Potential Risks of Laser Tattoo Removal ....................................................16

  Skin Infection ............................................................................................17
  Blisters Formation .....................................................................................17
  Scabbing ....................................................................................................18
  Loss of Skin Pigmentation .......................................................................18
  Incomplete tattoo removal .......................................................................19
  Permanent Scarring ..................................................................................19
  Keloid scarring ........................................................................................19

Tattoo Removal Doesn’t Have to Be Painful ................................................20

Why Natural Tattoo Removal is a Better Option .......................................21

How Natural Tattoo Removal Works ..........................................................21

  Brown sugar ............................................................................................22
  Raw milk ..................................................................................................22
Avocado Oil ..............................................................................................23
Aloe Vera ..................................................................................................23
Cocoa Butter .............................................................................................23

Preparing Your Skin for Natural Treatments ...................................................24
Be clear about your expectations .............................................................24
Not every treatment is created equal .......................................................24
Location of your tattoo does matter ..........................................................25
The method of application ........................................................................25
Post Treatment Care ................................................................................25

How to Remove Tattoos Naturally .................................................................26
Method #1) Salabrasion ................................................................................26
What is Salabrasion Tattoo Removal? .........................................................27
Perform Salabrasion At Home ......................................................................27
Method #2) Aloe Vera Mixtures ....................................................................30
Mixture One: Aloe, Vitamin E and Apricot Scrub ..........................................30
Mixture Two: Aloe, Vitamin E, Turmeric and yogurt .....................................31
Mixture Three: Aloe and Sanding Powder ....................................................31
Mixture Four: Aloe, Vitamin E and Paederia Tomentosa .............................31
Care Instructions ...........................................................................................33
Method #3) Sand Powder And Rough Grinding Stone ..................................33
Using Sand Powder ......................................................................................34
Method #4) Lemon Juice ..............................................................................36
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lemon Juice as Skin Lightener</td>
<td>38</td>
</tr>
<tr>
<td>Lemon Juice as Exfoliant</td>
<td>38</td>
</tr>
<tr>
<td>Using Lemon Juice with Abrasives</td>
<td>39</td>
</tr>
<tr>
<td>Lime Juice and Vinegar mixture</td>
<td>40</td>
</tr>
<tr>
<td>Method #5) Honey</td>
<td>42</td>
</tr>
<tr>
<td>Honey tattoo removal mixture</td>
<td>42</td>
</tr>
<tr>
<td>Method #6) Sandpaper</td>
<td>42</td>
</tr>
<tr>
<td>Method #7) Apricot Scrub</td>
<td>43</td>
</tr>
<tr>
<td>Method #8) Lavender Oil</td>
<td>44</td>
</tr>
<tr>
<td>Chemical Peels</td>
<td>44</td>
</tr>
<tr>
<td>How do Chemical peels work</td>
<td>45</td>
</tr>
<tr>
<td>The different Types of Chemical Peels</td>
<td>45</td>
</tr>
<tr>
<td>What areas can be treated with Chemical Peels</td>
<td>46</td>
</tr>
<tr>
<td>How Long Do the effects last?</td>
<td>46</td>
</tr>
<tr>
<td>Are Chemical Peels Painful?</td>
<td>46</td>
</tr>
<tr>
<td>Glycolic Acid Peels</td>
<td>47</td>
</tr>
<tr>
<td>How Glycolic Acid Works</td>
<td>47</td>
</tr>
<tr>
<td>What Happens During a Glycolic Acid Peel?</td>
<td>48</td>
</tr>
<tr>
<td>Make glycolic acid peels at Home</td>
<td>49</td>
</tr>
<tr>
<td>Fruit based homemade glycolic acid peel</td>
<td>50</td>
</tr>
<tr>
<td>Phenol Chemical Peels</td>
<td>51</td>
</tr>
<tr>
<td>trichloro Acetic Acid (TCA) Peels</td>
<td>52</td>
</tr>
</tbody>
</table>
Introduction

Based on mummified remains, ancient art and archeological records, the art of tattooing has been around since the Neolithic times. The ancient civilizations of India, China, Egypt, Indonesia, Philippines, Japan, Persia and Taiwan embraced it as part of their culture from 6000 BC, using this form of body modification to identify themselves, their status, accomplishments, and affiliations. Some civilizations also used tattoos for healing, religious reasons, and as a form of punishment. It wasn’t until the 18th century that they became used for self-expression. At the time, American seamen started the trend of marking their arms and hands with their initials and those of loved ones, significant dates, liberty poles, crucifixes and other symbols they wanted.

While many of the elements and themes of tattoos resisted time and managed to make their way to the 21st century, the purpose of getting inked has changed. Some of the reasons people opt for tattoos include:

- Wanting to decorate their body in whatever way they like
- Expressing who they are on the inside but on their outside
- Marking happy times or paying tribute to a loved one forever
- Standing out from the rest of the crowd
- Showing off art on the best canvas around (i.e. their bodies)
- Covering scars and body imperfections in a more attractive way
Even you probably chose your current tattoo because of these reasons. That is if you went to the tattoo artist on your own free will and not under the influence of friends, a loved one or alcohol. However, there comes a time when you may decide that it’s time for you to part with your tattoo. For instance, you may no longer want to be reminded of the person or event you decided to immortalize on your body. Another common reason to get rid of your tatt is a strict policy on tattoos at the workplace, mandating that you cover them up while on duty.

Now you’re welcome to cover it up every time you head out. If you’d rather avoid the suffocation of fully buttoned shirts and long sleeves, there are many makeup kits that can effectively hide your tattoo. However, this too can be an inconvenient option. Not only should you get up a tad earlier to apply coats of makeup, but you’ll also need to avoid water activities or sweating to ensure that your tatt(s) remain invisible. For women, tattoo covering can be more costly since they’ll need premium products or risk damaging their clothes with streaks of skin-toned cosmetics.

However, before you book an abrasion session or multiple laser treatments to get rid of your tattoo, you should learn about the healthier, safer and natural alternatives available for you. Through this guide, you’ll discover detailed natural tattoo removal methods that’ll permanently make your tatt disappear
without harming your skin in the process. To further ensure that you benefit from this guide, the following pages also include helpful tips to counter possible infections and reduce scarring.

But we’re getting ahead of ourselves. You first need to make sure that you’re taking the right step, which is exactly what reading the next chapter will help you do.
Why Natural Methods Trump Laser, Abrasion and Creams

Getting that tattoo seemed like a brilliant idea, but now that blast from the past is something you want to live without. If you are thinking about tattoo removal, worry not. Remember, you’re not alone.

Getting a tattoo removed has its share of good news and bad news. The good news is that you can get the ink removed. The bad news is that even state of the art tattoo removal techniques won’t work for everyone.

Before we discuss tattoo removal techniques, let us quickly remind ourselves what tattoos really are. A tattoo, as you can guess is a permanent design or mark made on the body. A pigment or ink is directly inserted into the dermal layer of your skin through the tiny holes or openings in the skin’s top layer. Modern tattoos use an electric tattoo machine. The machine has fine needles that puncture the skin and inject the ink with a rhythmic up and down movement.

Can Tattoos Be Removed?

Well, tattoos are meant to be permanent in the first place, so their complete removal can be tricky. Few commercially available techniques such as laser guarantee complete removal, but the method might not be effective for every person. The effectiveness of tattoo removal options depends
on a number of factors including size and location of the tattoo, the choice of tattoo removal method, the individual's ability to heal and of course, how the tattoo was applied.

Interestingly, tattoos applied by experienced professionals are easier to remove. This is mainly because of the fact that the pigment is injected evenly in the skin. Furthermore, it’s easier to remove older tattoos.

**Most Popular Tattoo Removal Methods**

Before laser removal became a popular method for tattoo removal, dermabrasion and excision used to get rid of the permanent ink.

‘Dermabrasion’ perhaps was the most commonly used procedure where the top and middle layer of skin is removed. Surgeons also used ‘excision’ where the tattooed skin was removed with a scalpel and the wound was closed with staples. Sometimes, skin grafting (using skin from another part of the body) was
done to get rid of large tattoos. While these procedures are used today, they have been largely replaced with the use of lasers.

**Laser Tattoo removal – What You Need to Know**

It is estimated that 50% of people who want to get their tattoos removed go for laser removal. Laser tattoo removal presents hope for those who want to remove unwanted designs. However, the use of laser has some serious side effects.

Laser removal works by breaking up the pigment of the tattoo with a high intensity light beam. Dark inks (red, blue and black) easily absorb lasers of all wavelengths so are the easiest to treat. Yellow and green inks on the other hand are the most difficult to remove.

**How painful is Laser Removal?**

Answering this question is tough, especially because every person has a different threshold for pain. Also, the amount of pain you experience depends on the area of your body where the tattoo is being removed.
The feeling of laser removal is quite similar to a thin rubber band snapping on one area of your body over and over again at a rapid pace. What’s more interesting to note here is that lasers even sound that way! Of course, you can have a numbing cream applied over the tattooed area, but the procedure can still be painful.

Some of the most common side effects of laser procedures include hyper-pigmentation, an over abundance of skin pigment at the affected site and hypo-pigmentation. Hypo-pigmentation happens when the treated skin area loses color.

Other reported side effects of laser include infection of the skin, lack of complete tattoo removal and permanent scarring.

Another thing you need to consider is that getting a tattoo removed is much more expensive than getting a new one. Laser removal procedures can cost up to several thousands of dollars depending on the size, location and type of the tattoo as well as the number of treatments required.

You might have to pay $300 - $500 for a small tattoo, $600 - $700 for medium size one, and $800 and more for a larger one for a single tattoo removal session. And this is not all. Your medical insurance provider will not pay for the tattoo removal procedures – they think it is aesthetic or cosmetic in nature. Because laser removal is a specialized medical procedure, you need to get it done from a specialist in your area. Remember, the last thing you want to end up with is a serious infection.*
*Tattoo removal has a risk of infection so you need to handle the procedure with utmost care. More details on how you should care for your skin after tattoo removal are coming up later in the eBook.

Because each person is unique, laser side effects can vary from person to person. Most patients report that the scars are more horrific than the tattoo itself.

**The Complications of Commercial Tattoo Removal**

While commercially available tattoo removal procedures have improved greatly over the years, they still have risks and potential complications associated with them. There’s no guarantee that your skin will return to its natural condition after tattoo removal.

As stated earlier, different tattoo removal procedures have different types of risks. Dermabrasion, where you peel off the top layer of the skin has a serious risk of scarring and infection.

Excisions can also cause scarring and skin infections. Laser procedures are more effective than dermabrasion or excisions, but they can cause skin irritation, hyper-pigmentation and scarring.

What happens during laser tattoo removal is that laser beams of different wavelengths are directed towards your skin. This beam of light breaks down the tattoo ink and the (remaining) debris is cleaned up by your skin cells during the healing process.
If your tattoo is composed of different colored inks, laser of different wavelengths are used to breakdown the ink. Your skin might ‘burn’ for the first few sessions and despite the pain, there are chances that you do not experience any success. Sometimes the treated area might have blisters which can contribute to scarring. And as stated earlier, the scars might be light or dark depending on your skin color and the treatment site.

Shockingly, some patients end up with large, thick and raised ‘keloid’ scars which are more noticeable than the tattoo itself.

**Potential Risks of Laser Tattoo Removal**

Like every medical procedure, laser tattoo removal also comes with a long list of potential risks and serious complications. You can reduce your risk of developing complications by opting for natural tattoo removal methods – check out the next section to know more.

Perhaps, the most important thing you need to keep in mind is that laser removal is as complicated as any other medical procedure. Make sure you select a qualified professional who uses state of the art equipment for tattoo removal.
**Skin Infection**
Laser can cause skin infections, however you can minimize the risk by following the post-procedure instructions given by the doctor. On most occasions, an antibiotic ointment and clean dressing need to be applied to the treated area to prevent infections.

**Blister Formation**
Laser pulses are high energy beams which break up the ink particles. And during the process, laser can break the tiny blood vessels surrounding the tattoo area. This results in the formation of blisters that might be filled with ink particles and pus.

While superficial skin blisters look intimidating and tender to touch, you should give them at least 2 weeks to heal completely. Remember, puncturing the blisters can result in permanent scarring.

Sometimes, laser can cause severe burns. This is more common if the equipment is defective or the operator is unskilled.
Scabbing
Scabbing can appear 8 to 72 hours after the tattoo is treated with lasers. The scabs formed on your skin might contain a few ink particles and it is important that you let them fall off. Remember, picking off a scab can result in permanent scarring or damage to the skin. How long a scab will last depends on the size and location of the tattoo.

Loss of Skin Pigmentation
Because laser beams breakdown pigments from the tattoo, they can also remove some of the friendly (normal) skin pigment. Laser pulses can cause hypo-pigmentation (loss of skin pigment) or hyper-pigmentation (too much production of skin pigment). The results vary from person to person.
Incomplete tattoo removal
Sometimes, lasers do not remove the tattoo completely. In fact, there are quite a few inks that actually resist laser removal. Simply put, you might find that some ink particles remain embedded in your skin even after several laser removal sessions. What’s worse is that some tattoos are dramatically darkened – white, pink and brown tattoos can become permanently dark. Surprisingly, tattoos containing red ink can turn black and become more prominent.

Permanent Scarring
Laser procedures make your skin extra sensitive to sun damage and this can result in permanent scarring. You need to avoid exposing the treated area to the sun to avoid scar formation.

Keloid scarring
Keloid scarring is the appearance of thickened scars. You would notice that the skin surrounding the tattoo area appears raised, however, this is actually an overgrowth of scar tissue.
The potential risks and complications of tattoo removal do not occur with natural tattoo removal methods. If you really want to remove the tattoos effectively, it is time you explore the naturally available options.

**Tattoo Removal Doesn’t Have to Be Painful**

Removing a tattoo is no longer a painful experience. That’s right. There are a number of natural alternatives that can help you remove the tattoo without the risk of scarring, infections, bleeding or hyper-pigmentation. Remember, you no longer have to go through painful tattoo removal procedures such as dermabrasion, excision or lasers.

For some reason, people are excited to go for laser treatments even though the procedure is painful, expensive and can also cause permanent scarring. Ask yourself a simple question – did our ancestors have access to laser procedures to get rid of their tattoos?
Well, the art of tattooing is as old as humans themselves and our ancestors had been using natural tattoo removal methods to get rid of their tattoos. Besides fewer side effects, natural tattoo removal methods described here are not marketing hoax and do not contain potentially dangerous chemicals such as hydroquinone or tri-chloro acetic acid as commercially available tattoo removal creams.

Now that we are discussing tattoo removal creams, you need to know that common cream ingredients such as TCA and hydroquinone can cause skin irritation and even skin cancer. What’s worse is that some tattoo creams don’t list the dangerous chemicals used in the preparation on their labels.

**Why Natural Tattoo Removal is a Better Option**

The natural tattoo removal methods described in the next section are as old as tattooing. But the sad fact is that they are not as popular as commercial methods.

The best thing about natural methods is that they do not bring along a trail of side effects. You can even use a combination of these natural methods to remove the tattoo. Natural tattoo removal methods work each and every time, no matter how dark or how old your tattoo is.

**How Natural Tattoo Removal Works**

The natural tattoo removal ingredients boost your natural immune system. They actually breakdown the tattoo pigments into smaller components and increase the number of immune cells. The pigment debris or leftovers are then flushed out with little help from the lymphatic system.
Here are some examples of natural ingredients that are known to be effective tattoo removers. Remember, this is just brief overview. More details on natural tattoo removal methods are coming up later in the eBook.

**Brown sugar**
Brown sugar is a rich source of glycolic acid, one of the most popular types of alpha hydroxy acid (AHA). It basically functions as an exfoliator by breaking down the ‘glue’ that holds your skin cells together. Furthermore, brown sugar also has the ability to activate macrophages – one of the most important cells in the immune system.

The exfoliating action of brown sugar stimulates the growth of collagen and new skin cells. These new skin cells in return boost the production of macrophages which help your lymphatic system carry away the remains of tattoo ink. What you get is a layer of softer, smoother skin which more importantly, is tattoo free.

**Raw milk**
Raw milk contains lactic acid which is known to stimulate the production of collagen and elastin. Regular use of lactic acid helps speed up cell turnover and this will help produce more vibrant and younger looking skin.
The top layer of skin is removed by the exfoliation action of lactic acid. But this stimulates the production of collagen and elastin in the deeper layers of the skin. Your tattoo free skin will feel thicker, firmer just like younger skin.

**Avocado Oil**

You already know that avocado oil contains vitamin A, E and D and is especially good for dry and ageing skin. What’s interesting to note here is that avocado oil increases the production of collagen and helps your skin heal after tattoo removal.

**Aloe Vera**

Aloe Vera is a medicinal plant that has been used for centuries. In fact, it has been used extensively for treating inflammatory skin disorders. Pure Aloe Vera extract has extraordinary antibacterial and anti-inflammatory properties so it’s certainly worth a try.

**Cocoa Butter**

Cocoa butter is one of the most effective skin moisturizers. It effectively reduces scarring by deeply moisturizing the treated area. Interestingly, cocoa butter helps breakdown the inked tissue and at the same time, also deeply hydrates the skin.

Now that you know why natural tattoo removal options are better, let us see how you should prepare your skin for the natural treatment.
Preparing Your Skin for Natural Treatments

You’re reading this section because you are eager to try the natural tattoo removal methods. Well, here are some useful tips that will help you get started with the process.

**Be clear about your expectations**
You need to understand that natural tattoo removal can take time. And it is important that you don’t set your expectations too high. While some tattoos can fade completely after a couple of applications, some might be more stubborn and fade after several treatments.

The bottom line is that you need to patient. Stick with the procedure and give it enough time. Remember, your effort will definitely be worth it.

**Not every treatment is created equal**
You probably would know this already, but all natural ingredients are not created equal. In fact, some natural tattoo removal methods might be more effective than others.

If your friend had success with one ingredient, the results can be drastically different in your case. Of course, every person is different and you need to be cautious in your approach.

No single ingredient can remove all colors so might have to use a combination of different methods to remove the tattoo completely.
Location of your tattoo does matter
In most cases, location of the tattoo does matter. You will be surprised to know that tattoos located down your arms or legs take the longest time to fade. Simply put, tattoos closer to the heart have better blood circulation, hence are easier to remove.

The method of application
As stated earlier, professionally applied tattoos are uniform and easier to treat. Unprofessional or amateur tattoos are applied unevenly which can make their removal slightly more challenging, but it is not impossible.

Post Treatment Care
Minor swelling, redness or temporary darkening of the skin can happen with natural tattoo removal. But these minor side effects usually subside quickly. It is important that you follow a comprehensive post treatment care routine to help your skin heal quickly.
How to Remove Tattoos Naturally

Method #1) Salabrasion

Most people assume that salabrasion uses one ingredient, but actually it is comprised of two different natural products. This method has been around for a long time and uses a mixture of water and granular salt to remove a tattoo from a person's body. You will be surprised to know that this tattoo removal procedure was around long before dermabrasion came into the picture.
What is Salabrasion Tattoo Removal?

Salabrasion is a process that helps remove tattoos using a mixture of water and granular salt. This water and salt mixture is used to rub or peel away the upper layers of skin.

What really happens during this method is that the salt mixture is applied to the desired area and the mixture is then rubbed to remove the uppermost layers of the skin. While the application of salt mixture can diminish the appearance of the tattoo, you might need several treatment sessions to remove the ink completely.

Salabrasion tattoo removal seems easy enough to do at home, however, you do need to be careful. Remember, you have to sand top layers of the skin and it is important that you perform the procedure correctly to prevent infections.

Not every person responds well to the idea of having their skin sanded or scrapped. If you are not comfortable with the idea of scrapping or sanding your skin, you can always consider other natural methods of tattoo removal.

Perform Salabrasion At Home

Method One:

- Before you try salabrasion at home, make sure you prepare the area that needs to be worked on. Shave any hair present so that the process becomes less painful and more importantly, more fruitful.
• Wash the tattooed area with an antiseptic solution or antibacterial soap. This will make your skin free of bacteria and other infection causing microorganisms.
• Wet a gauze sponge in water and wring out excess water. When the sponge is slightly wet, coat it with some granular salt until it doesn’t seem to absorb any more salt.
• Scrub the tattoo with the salt covered sponge for at least 25 to 30 minutes. Your skin might feel slightly warm, reddened after the process.
• Once the treated area dries completely, gently dab some antibiotic cream and cover the area with a sterile bandage.

You should remove the sterile bandage only after three days. Also, you need to watch out for signs like redness or increasing pain. If you notice any signs of infections, it’s always better to get it checked by a qualified doctor.

Method Two:

  o Dip a small towel in warm water and moisten the tattooed area
  o Spread at least ½ cup of granular salt on the tattoo and scrub the area with the moist towel for at least 25 – 30 minutes.
  o Once done, wash off the salt with warm water and dab the treated area with a cotton ball soaked in hydrogen peroxide. (Hydrogen peroxide is a powerful antiseptic and helps prevent infections).
  o Cover the treated area with sterile medical gauze and keep it covered until a scab forms and falls off.

28
• You would notice that the tattoo ink or pigment gets slightly lighter after the scab falls off. If you’re not satisfied with the results, you can repeat the process again after the treated area has healed completely.
Method #2) Aloe Vera Mixtures

Natural Aloe Vera mixtures we are going to discuss in this section use ingredients that can easily be purchased at your local grocery store or pharmacy. Before you begin using Aloe Vera, you should understand that Aloe Vera mixtures take a long time to work – You may have to use the mixture several times a day before you can notice significant improvement.

If you have decided to use this method, here are a couple of Aloe Vera solutions you can try:

**Mixture One: Aloe, Vitamin E and Apricot Scrub**

Mix one part Vitamin E oil with one part Aloe Vera gel and one part apricot scrub to form a smooth paste. Apply the mixture to the tattoo and rub it into the skin using gentle circular movements. Make sure you allow the mixture sit on the skin for at least 10 minutes and then rinse with cold water. Repeat this procedure three to four times per day.
**Mixture Two: Aloe, Vitamin E, Turmeric and yogurt**

Combine one part Vitamin E oil and one part aloe Vera gel in a small container. Apply the aloe mixture to the skin in a circular motion using a Q-tip cotton swab. Once done, allow the mixture to sit for 10 to 15 minutes.

Next, combine equal parts of yogurt and turmeric and apply the paste to the tattooed area. Once the mixture dries (this would take 10 to 15 minutes), rinse it using a wet washcloth and cold water.

**Mixture Three: Aloe and Sanding Powder**

Mix one part sanding powder and one part aloe Vera gel.

Apply the mixture to the tattooed area and use a pumice stone to rub the mixture into the skin. Make sure you use firm, yet gentle circular strokes.

Repeat the process two to three times per day for effective results.

**Mixture Four: Aloe, Vitamin E and Paederia Tomentosa**

Aloe Vera has been used for centuries as far as natural home remedies are concerned. You can use it for a variety of beauty and cosmetic uses ranging from burn treatment to dry skin alleviation and age spots removal.

Interestingly, Aloe Vera is also believed to be one of the best home remedies to lighten tattoos when used with Paederia Tomentosa and vitamin E.

Here how you can use the above mentioned ingredients to get rid of tattoos naturally.
Squeeze out a tablespoon of Aloe Vera juice from a fresh Aloe Vera leaf. Even over-the-counter Aloe Vera gel is good enough for the task.

Mix the juice with 1 tablespoon of Paederia tomentosa and then mix the content of 2 vitamin E capsules.

Mix the contents well to create a fine paste and then work it through the tattooed area. All you need to do is rub the mixture onto the area gently with your finger in a circular motion for 10 minutes. You can finish off by rinsing the area with warm water.
Care Instructions

If you are using any of these solutions for tattoo removal, make sure you keep the treated area clean and sanitary by washing with soap and water.

Remember, there is a risk of skin infection and irritation even if you are using Aloe Vera gel. The best time to use Aloe Vera mixture is when you have just gotten out of a hot shower – steam helps open up your skin pores and it is easier for Aloe Vera gel to penetrate the skin.

Like any other tattoo removal method, results can vary greatly from person to person. If you do not notice significant results after four weeks, perhaps Aloe Vera mixture is not suitable for you.

Method #3) Sand Powder And Rough Grinding Stone

Sand powder works the same way as dermabrasion. In fact, it is one of the cheapest and most accessible forms of dermabrasion you can try at home. All you need to do is take the sand mixture, mix it with water and use the paste to scrub your tattoo away.

What you need to keep in mind is that it may take several weeks before the tattoo ink disappears completely. Perhaps the best thing about sand powder is that you can mix it with honey or Aloe Vera gel to promote skin health and reduce the discomfort.

Essentially sand powder removes the top layer of your skin so you might feel some discomfort when you use it for the first time. You can reduce pain and irritation by soaking your skin while scrubbing. Remember, tattoo ink is buried
deep inside your skin so you might need several sessions to get down to the pigment layer.

**Using Sand Powder**

- Shave the tattooed area to remove any hair that might be present. Getting rid of the hair will make the dermabrasion procedure more effective and of course, less painful.

- Use antibacterial soap and lukewarm water to clean and disinfect the area. After washing the tattoo clean, dip a towel into hot (not boiling) water to make it moist. Wring out excess water and use the moist towel to make your tattooed area slightly wet. Remember, dermabrasion is much easier and less painful when your skin is damp.

- Soak a washcloth or towel in warm water and roll it in sand powder. You can also use a gauze sponge for this purpose. Dip the gauze sponge into lukewarm water to moisten it. Next, roll the wet sponge repeatedly through a small pile of sand powder. This would help the sand powder cling to the washcloth. Continue rolling the sponge until the sand powder no longer clings to it.

- As stated earlier, sand powder is an exfoliating agent, which means rubbing it over the skin can help remove several top layers. You need to use gentle but firm movement to scrub the tattoo area for at least 30 to 40 minutes using the sand powder mixture. Also, you
need to rub the inked area with the wet sponge until your skin becomes red. You might experience little pain during the process as sand powder is abrasive.

- Sand powder might make your skin warm and irritated so you need to give it sufficient time to rest. After a couple of hours, wash the tattooed area with thoroughly with cold water for 5-10 minutes. You might notice the tattoo fade away a little as you rinse the area with water. If you notice any bleeding, soak a fresh gauze pad in hydrogen peroxide and press it gently over the area. This will help disinfect the treated area and protect it from infection.

- So, once you are done with the scrubbing session and the tattoo dries, apply a good antibacterial ointment to reduce scar tissue and promote quicker healing. Even vitamin E oil application will help reduce pain and inflammation of tissues.

Additional Caution:

You need to wait after scrubbing the tattoo and allow the treated area dry itself.

Remember, the area might be inflamed so make sure you use a clean gauze pad to apply the antibiotic ointment. The last thing you want to experience is severe pain and inflammation due to damaging already sensitive skin.

It is better to cover the treated area with a sterile dressing. You need to take the dressing off after two or three days to check how the area is doing. If the tattooed area becomes severely itchy or painful, it is important that you get it checked by a doctor.
Minor scab formations are not a serious issue, you just need to wait for the scab to fall off. The inked region appears lighter after the scab is removed.

Sand powder is abrasive so you need to wait for at least 6 weeks before repeating the process. This method can be used for both old and new tattoos as well as black and colored tattoos.

**Method #4) Lemon Juice**

You will be surprised to know that lemon juice application is one of the easiest and most effective ways to remove a tattoo. And the best part is that lemon juice can be used to remove fresh tattoos as well as ones that are old. Lemon juice has been used for centuries for its beneficial effects on the skin. Here’s how you can use fresh lemon juice to fade tattoos as well as remove them completely.

- Cut a fresh lemon and squeeze out the juice. You need to store the juice in a clean, glass container.
- Add in a little granular salt to the container and stir well to mix both ingredients.
• Apply the mixture to the tattooed area and scrub the ink repeatedly for at least 25 to 30 minutes.
• Once done, rinse the area with warm water.
• You can repeat the process after 2 to 3 weeks until you get the desired results.

Lemon juice is an excellent choice if you want to remove the tattoo without any pain. Of course, lemon juice is an ingredient that is easily available at home and when you have the time to wait for the tattoo to fade, lemon juice mixture may be just what you need.
Lemon Juice as Skin Lightener

If you are thinking about fading a tattoo, lemon juice would be an obvious choice. Remember, lemon juice, lime juice has been used along with other skin lightening agents such as glycolic acid and hydrogen peroxide to effectively fade a tattoo.

You can mix the items mentioned above in equal proportions and then use the mixture on your tattoo every three to four weeks. You need to check out the mixture on small part of your skin just to make sure that you do not have any allergic reaction.

Lemon Juice as Exfoliant

After reading through the first few pages, you know that when it comes to tattoo removal, the best strategy is to remove the layers of skin that the tattoo is on.

Exfoliation is a process in which you remove the top layers of the skin. Here’s an effective lemon juice exfoliation recipe you can try at home for tattoo removal.

- Combine equal proportions of Aloe Vera, apricot scrub, and lemon juice in a small container. Stir well to combine the ingredients.
- Apply the mixture onto the tattoo and gently massage the area using firm circular strokes.
• Allow the mixture to sit on your skin for several minutes and then rinse the area using cold water.
• Repeat the same steps at least two or three times a day for 4 to 5 weeks.

Using Lemon Juice with Abrasives

Abrasives such as granular salt or sand powder basically have the same function as exfoliants – they remove the top layer of the skin. However, you should be careful if you are using both ingredients together. Also, abrasives and exfoliants should not be used together in areas that are sensitive and cannot handle abrasives.

Here’s a tattoo removal recipe featuring lemon juice, Aloe Vera gel and sand powder:

Mix a pinch or two of sand powder with equal parts of Aloe Vera gel and lemon juice. Place the mixture on the tattooed area and rub the area gently with a pumice stone. You can repeat the process once every three to four weeks. Generally, you should allow the skin to heal completely before repeating the method.

While you can use commercially available Aloe Vera gel for tattoo removal, it is always good to go with the secretions of the actual Aloe Vera plant. Unfortunately Aloe Vera gel loses its efficacy when going through excessive heating and chemical processing. When you have an Aloe Vera plant at home, all you need to do is crack open the leaf and collect the oozing liquid in a container.
Remember that like other home remedies, lemon juice treatment also requires patience, and time. Furthermore, the effectiveness of the method depends on the size of the tattoo and of course, the intensity of tattoo ink. If you are using lemon juice for tattoo removal, don’t forget to keep the area moisturized. This is how you can get the best results.

**Lime Juice and Vinegar mixture**

As you can guess, both these mildly acidic household ingredients are safe and effective when it comes to removing tattoos completely. However, you need to perform a skin patch test.

Lemon juice and vinegar boost the skin renewal skin. And when you body repairs the tattooed skin, the ink is gradually broken down and exposed to the outer surface with the new skin growth. The acidic mixture breaks down the pigments and makes it easier for the ink to move to the outer skin layers.

Here’s the recipe for natural tattoo removal using fresh lime juice and vinegar.

1. Mix equal parts fresh lime juice and vinegar in a small glass container.

2. Deeply cleanse the tattooed area with antibacterial soap and an abrasive sponge or pumice stone.

3. Apply the lime juice, vinegar mixture to the tattoo and allow it to sit for several minutes. Your skin might sting for several minutes when the mixture is first applied.

4. Wash the treated area with cold water and apply an ointment to prevent infection. You need to keep the treated area covered for several days.
5. The tattoo will be faded when the scab falls off – remember, no picking! You can repeat the process once every 4 to 5 weeks until you obtain the desired results.
**Method #5) Honey**

Applying honey several times onto the tattooed skin can remove the ink completely without leaving unwanted scars.

**Honey tattoo removal mixture**

Ingredients:

Aloe Vera gel

Granular salt (a pinch or two)

Sugar free yogurt

Honey

Directions:

Combine all ingredients until you get a smooth, creamy mixture.
Cleanse the tattooed area with soap and water and then apply the mixture.
Allow the mixture to sit on your skin so that the ingredients can penetrate deeply into the epidermis.
Gently scrub the mixture into your skin and then wash off the residue.
Repeat the process once a week until you get the desired results.

**Method #6) Sandpaper**

Sandpaper method is quite similar to dermabrasion where you rub the area and peel away the top layers of the skin. If you are trying to remove tattoos at home,
you can use sandpaper to breakdown the ink / tattoo pigments but this method may not be effective on the first attempt.

What you are trying to achieve with sand paper is getting rid of the top layers of the skin and of course, the ink or pigment that is trapped between the skin layers. Remember, rubbing your skin with sandpaper is a painful process and it may not be suitable for every person.

Those of you, who are willing to take the risk, apply a thin layer of Aloe Vera gel onto the tattooed area and use the sandpaper to peel off the top layers of the skin. You need to stop when the skin starts bleeding.

As stated earlier, methods such as sandpaper are going to take a lot of time to work – you can only repeat the process when your skin is healed completely.

**Method #7) Apricot Scrub**

Apricot scrub and granular salt mixture acts as an exfoliant and can help you get rid of the tattoo. The salt acts as an abrasive and gets rid of the top layers of the skin. Once the skin barrier is broken, the apricot scrub reaches the tattoo ink and tries to break it.

You can apply this apricot scrub and salt mixture once every week, but it might take a long time before the tattoo is removed completely.
Method #8) Lavender Oil

Lavender oil is a popular choice for aromatherapy and is quite effective for removing tattoos as well. Surprisingly, lavender oil is one of the few essential oils that can be applied to soothe and smooth the skin. Lavender oil is shown to be quite effective when it comes to healing sunburns, cuts, abrasions and wounds.

Even if your skin is suffering from slightly redness or scarring, you can apply lavender oil to smooth your skin effectively. People have used lavender oil for keloid treatment, i.e. reduce the appearance of scars.

If you don’t want to spend too much money on removing tattoos and want to get rid of the ink without pain, you should choose lavender oil and apply it onto your tattooed skin right away. Simply massage a couple of drops of lavender oil into the tattooed area about 2 times a day in the morning and evening.

Chemical Peels

Chemical peels are commonly used to exfoliate top layer of skin to improve skin’s appearance and texture. Dermatologists have been using chemical peels to rejuvenate and repair damaged skin for years. Different kinds of chemical
peels are widely used for cosmetic purposes and today, they are one of the most popular natural tattoo removal methods.

**How do Chemical peels work**

All chemical peels work by removing the top layers of skin. Light peels (AHA peels) only remove the upper most layer or the stratum corneum. Medium and deep peels as you can guess penetrate deeper and the layer of skin removed increases with the increase in strength of the peel solution.

The stronger the peel solution, the deeper it penetrates. Highly concentrated peels have more complications like uneven pigmentation or scarring. However, the side effects or complications can be avoided if you follow the procedure and after care instructions clearly.

**The different Types of Chemical Peels**

Chemical peels, as stated earlier can be light, medium or deep. Light and medium depth peels in particular are most commonly used for tattoo removal. Some doctors and tattoo removal professionals use deep chemical peels to remove the tattoo completely.

Lighter chemical peels usually require 2 or 3 sessions for best results. Most common light chemical peels used for tattoo removal involve hydroxy acids such as glycolic acid, salicylic acid, or a mixture of several different types of hydroxy acids.
Medium depth chemical peels are usually only once or twice a year and do require some serious after care- usually for at least a week. This is the time when your skin peeling is pretty obvious

**What areas can be treated with Chemical Peels**

Chemical peels can be used on all areas including your face, neck, chest, back, arms, and legs. These peels are a cost effective tattoo removal method because larger skin areas can be treated at a minimum cost. The results of chemical peels can vary greatly depending on the type and location of the tattoo.

If you are using chemical peels on body areas other than the face, you need to understand that these areas do not heal quickly as the facial areas do. More importantly, you cannot predict the results of the chemical peel.

**How Long Do the effects last?**

The effects depend on the depth of the peel. Since chemical peels are often done in a series, you will notice improvement with every subsequent session. The cost of chemical peels largely depends on the depth of peel and the areas you are peeling.

**Are Chemical Peels Painful?**

When you arrive for a chemical peel at the doctor’s office, you will be asked to get comfortable on an exam table. Your doctor will cleanse your skin several times with a liquid cleaner, alcohol and acetone. It is important that there is no oil on the tattooed area so that the peel solution can penetrate easily.
Usually peel solution is applied to the skin in two stages. You might feel some stinging and burning sensation while the peel solution is active. The doctor may use a small handheld cooling device to provide cooling at this stage. Once the procedure is complete, your doctor will apply an ointment to speed up healing as well as give post care instructions.

**Glycolic Acid Peels**

Glycolic acid peels are mild and they are most often used for cosmetic purposes (by dermatologists). However, glycolic acid peels or alpha hydroxy acid peels are also becoming more and more accepted for tattoo removal and tattoo fading. If used correctly, glycolic acid peels can remove tattoos and fade blemishes. Don’t forget to check out how you can perform glycolic acid peels at home using simple household ingredients.

At this point in time, you probably have put some serious consideration into the natural tattoo removal process, which is a good thing. Of course, there are many different kinds of chemical peels and for now, let’s see how glycolic acid peels can help you get the job done.

Glycolic acid peels can remove the tattoo completely, but the process is gradual. It may take a couple of sessions before you notice any success.

**How Glycolic Acid Works**

Alpha hydroxy, i.e. glycolic acid when applied directly onto the skin helps fade away the appearance of pigment or tattoo ink. Because tattoo needles inject pigment deep inside the skin, you will require more than one session to remove the tattoo fully.
Even first treatment with glycolic acid will significantly reduce the appearance of the tattoo. Sometimes people are happy with lightened tattoos – it’s all they need to be satisfied. However, if you want to remove the tattoo completely, you will have to repeat the process.

You may know this already, but not every person reacts to glycolic acid in the same way. Simply put, you cannot really predict the number of AHA peels that may be required in your case.

Interestingly, the alpha hydroxyl acid used for removing tattoos is a mixture of lactic acid, tartaric acid, glycolic acid, malic acid and lactic acid. The concentration of each type of acid used in the mixture depends on the purpose of the peel. Glycolic acid peel mixtures come in different concentrations, with 10% being the mildest and 70% being the strongest concentration.

**What Happens During a Glycolic Acid Peel?**

Glycolic acid is a mild exfoliant. It helps remove the top layer of the tattoo to expel ink and other pigment particles contained deep inside the skin. Very rarely can you remove the tattoo completely with glycolic acid the first time it is administered. However, you will notice significant improvement after a couple of sessions.

Since the process involves removing the top layer of the skin to expel tattoo ink, your skin might feel inflamed on the first application. Some patients report that glycolic acids are abrasive whereas there are patients who do not experience any feelings or side effects at all. If you don’t feel comfortable trying glycolic acid peels, try discussing other options with your doctor or any other trained tattoo removal professional. Remember, even though glycolic acid peels are
one of the least invasive methods, you need to perform it correctly to remove your tattoo permanently.

**Make glycolic acid peels at Home**

Glycolic acid is a member of the AHA, or alpha hydroxy acid family and is naturally found in sugar cane. When applied on the skin, it acts as a mild chemical exfoliant and is able to penetrate your skin for easier removal of tattoo ink.

Consistent use of glycolic acid can fade the tattoo and here’s how you can prepare homemade glycolic acid peel using cane sugar and common household ingredients.

- Pour ¼ cup cane sugar into a glass container and stir in fresh lemon juice until you get a smooth paste. Lemon juice contains citric acid, which is another type of AHA. Addition of lemon juice can boost the effectiveness of the peel and help lighten the tattoo pigment. You
can consider adding a couple of tbsp brown sugar if you are using sugar cane juice instead of cane sugar granules.

- Cleanse the tattooed area and dab the mixture onto the ink. Spread the mixture evenly over the tattooed area and let the peel sit for 15 to 20 minutes. Rinse off the peel using lukewarm water.
- Glycolic acid peels can cause mild irritation, redness or flaking of the skin. You should discontinue the peel if these reactions become severe.

Since glycolic acid is a superficial peel, don’t expect miracles in the first attempt. You’ll need to do several homemade glycolic acid peels to see significant results.

**Fruit based homemade glycolic acid peel**

Here’s another fruit based glycolic acid recipe you can try at home. You’ll need pineapple or papaya chunks, unflavored gelatin and honey for this particular recipe.

Cut out pineapple or papaya chunks to fill one cup. Place these into the blender and puree until you get a smooth mixture.

Add 2 tbsp of flavored gelatin to the creamy mixture and stir well to combine all ingredients. Gelatin helps holds the mixture together and it also provides collagen to the skin. You can also 1 tsp of honey to the mixture – honey soothes the skin and is quite helpful in getting rid of the tattoo ink.
Heat the fruit smoothie mixture on low heat for a minute or less or until gelatin dissolves completely. You will have to refrigerate the mixture so that it becomes firm. Once the mixture is firm, apply it to the tattooed area but make sure it is clean. You can use your fingers to apply the mixture. Allow the mixture to settle on your tattoo for 15 to 20 minutes. You would feel slight irritation, but it doesn’t last long. Rinse off the mixture using lukewarm water. You will have to repeat the process several times to get rid of the tattoo ink completely.

**Phenol Chemical Peels**

Phenol chemical peels possibly are the strongest chemical peels that are available. Since they are the most concentrated peels, they provide the greatest and most dramatic results.

Even the first application of phenol penetrates deep into the skin. The entire peeling process can be performed in ten minutes up to an hour. Phenol peels are mostly performed in the physician’s office and it may take a couple of weeks before new skin forms over the treated skin.

Skin lightening is one of the side effects of phenol peels, so they are not a good choice for people with darker skin. Apart from skin lightening, phenol peels are slightly more invasive than glycolic acid peels. You may need to take pain medication before undergoing the tattoo removal process.
Perhaps the most distinct advantage of phenol peels is that it can remove the tattoo in one session. Furthermore, the process will reveal smoother skin that will last much longer than any other type of chemical peels.

**trichloro Acetic Acid (TCA) Peels**

Trichloro acetic acid or TCA chemical peels are also used for tattoo removal. In addition to removing the tattoo, TCA can treat a host of skin imperfections including fine lines, wrinkles and acne scarring.

TCA is more invasive than glycolic acid, but is milder than phenol chemical peel. The procedure produces good results with barely any side effects. Like other types of chemical peels, TCA peels also penetrate the skin to dissolve the ink layer.

**What is a TCA peel?**

TCA or trichloro acetic acid is an exfoliating chemical that has been used to perform skin peels for a long time. TCA is quite similar to vinegar, i.e. acetic acid. When applied directly to the top layers of the skin, TCA causes the upper most layers to peel off – skin cells dry up and peel off over a period of several days.

When the uppermost skin layers are peeled off, you would notice a new layer of undamaged skin. This new layer has a smoother texture and is more even in color.

The exfoliating action of TCA is what helps get rid of the tattoo ink or pigment. Most people do not require pain medication for the process, but slight stinging
sensation might occur. You may require more than one TCA chemical peel to get rid of the tattoo for good. The number of sessions required to remove the ink completely depends on your skin type as well as the characteristic of the tattoo.

A TCA chemical peel, as mentioned earlier is a medium strength peel. TCAs can be used on the face, neck as well as the back of the hands. It is seen that TCA peels have deeper exfoliating effects than simple glycolic acid peels. In addition to tattoo removal, trichloro acetic acid can effectively:

- Fade sunspots, dark spots and freckles
- Soothe marks left behind by acne
- Improve the appearance of ‘congested’ skin pores
- Diminish fine lines and wrinkles
- Remove signs of skin damage caused by exposure to UV rays

The procedure for medium and deep peels is quite similar to a light peel, however in case of deep and medium peels; the peeling solution used is stronger. As a result, more skin layers are removed and require more careful monitoring. Medium strength TCA is left on cleansed skin for longer period of time than phenol or glycolic acid. TCA can be administered in peel solutions from mild to deep depending on the penetration required to remove the tattoo completely.

Most patients report that TCA peels are slightly more painful than a glycolic acid peel. This is mainly due to the chemical’s ability to penetrate deep into the skin. Typical side effects are stinging or a burning sensation.
What Happens After a Chemical Peel?

TCA, glycolic acid will fade your tattoo with each procedure. Generally, 5 to 6 peels are needed to remove the tattoo completely.

An important thing you need to keep in mind when using TCA for tattoo removal is that the results are not instant. As a matter of fact, you might need several sessions before a tattoo starts fading – again, the results depend on your skin type and of course, the type and location of the tattoo.

Chemical peels are excellent options for those who want to use a single ingredient for tattoo removal. You require nothing but an appropriate chemical peel solution for complete tattoo removal.

The bottom line is that you should go for chemical peels only if you are okay with gradual results and a little stinging or burning sensation. Remember, if you are patient, you should see the tattoo peel away slowly, but completely over time with chemical peels.
Creating Your First Home Tattoo

Removal Plan

You probably think you’re stuck with the tattoo unless you go for some extreme tattoo removal options. Well here’s a natural tattoo removal plan you need to try before you think about lasers. This plan uses a mixture of home remedies that are discussed earlier in the eBook.

So first, we’ll start with salabrasion. This method, as you can guess involves scrapping the skin off your tattoo using granular salt. You will need granular salt, hydrogen peroxide and vitamin E for the task. Moisten the tattoo area and place about half a cup of salt onto the pigment. Now rub the salt on your skin using a damp washcloth. When the area starts to bleed, wash off the salt and dab the bleeding area with a gauze pad soaked in hydrogen peroxide. Place a few drops of vitamin E on the wound and cover the treated area with sterile gauze.

After a couple of weeks, you can lighten the tattoo ink further by using homemade chemical peel. To create your homemade chemical peel, all you need are ingredients you can easily find at home.

Mix equal amounts of Aloe Vera gel, apricot scrub and vitamin E oil. Dab the mixture onto the tattooed area and let the pigment soak for 5 to 10 minutes. Gently scrub the tattoo and wash off the mixture with cold water. You can repeat the process once every week and you should start to notice the ink fading.
If you have high pain threshold, you can go for a sand powder scrub instead of salabrasion. If you are willing to try this method, combine a small amount of sand powder with Aloe Vera gel and place the mixture onto the tattooed area. Rub the mixture gently using a pumice stone for 5 to 10 minutes. Wash off the sand mixture and cover the treated area with sterile bandage until scab forms.

You can use honey tattoo removal mixture or lemon-vinegar mixture discussed in the earlier section to lighten tattoo ink further. Remember, you need to give at least 2 to 3 weeks after the use of sand powder scrub for your skin to heal completely.
How to Deal with Possible Infections

You might experience a stinging sensation during the tattoo removal process and after the treatment; your skin may bleed slightly, develop scabs or be a little discolored. Sometimes, the area surrounding the tattoo may be red or swollen after the treatment session. Remember, the tattoo will fade and lighten gradually after each session and you might need a series of treatments before the tattoo is removed completely.

Here’s what you can do to deal with possible infections.

- Keep the area dry and covered for at least 24 hours after the treatment. You can apply an antibiotic ointment to the treated area and cover it with a sterile dressing.
- Avoid direct exposure to sunlight. You need to use a sunscreen of SPF 30 or greater to avoid the risk of severe skin discoloration.
- If the area appears swollen or is too painful to touch, apply ice to reduce discomfort.
- Some tattoo removal methods can cause your skin to bleed. If this happens, apply firm pressure to the area to control bleeding. Seek medical help immediately if bleeding doesn’t stop after 10 minutes.
- Crusts or scabs that develop on the area should be allowed to fall off on their own. You need to keep the scab moistened with ointment until it falls off.
Signs of an infection that you need to watch out for include foul odor, severe inflammation, pain, discharge that is dark yellow or green in color, streaks of blood and fever.

**Post Tattoo Removal Skincare**

Proper post tattoo removal skincare is necessary to prevent infection. Having a proper skincare routine can also help you prevent problems such as scarring, changes in skin texture and color as well as other unwanted side effects.

Usually post tattoo removal aftercare instructions are easy to follow. This section looks at some useful tips that can help you prevent infections.

**Pay special attention to Swelling, bruising and redness**

Swelling, bruising, redness and itching are common, but not everyone experiences it. Most tattoo removal methods result in immediate lightening or whitening of the treated area which might last from several hours to several days.

Some people develop blisters, crusts, or scabs after the treatment session which may remain for several weeks for more. What troubles most patients is the redness and inflammation that results after the scab separates.

Scarring or permanent changes in the texture of the skin can happen, but they can be avoided by taking good care of the treated area. Most natural tattoo removal methods require a healing period of 4 - 6 weeks, although the duration may vary for different procedures.
**Steps to Follow:**

**The First 24 Hours**

Apply ice, cold press to the treated area to reduce pain, swelling, redness and inflammation. Make sure you avoid strenuous physical activities, hot showers and sauna for the next 24 hours.

Redness in or around the treated area indicates that your skin is still very sensitive; therefore you need to avoid activities that will create friction. Make sure you allow the treated area to dry completely for at least 20 minutes before covering it with the dressing again.

**The first Three days (72 hours)**

Any good antibiotic ointment should do the job. You need to cover the treated area with the ointment and sterile dressing and change the dressing daily.

**The first 2 weeks**

The first two weeks are critical so you need to give your tattoo enough time to heal.

Activities you need to avoid include hot showers, direct sun exposure, swimming and hot water tubs.

Make sure you keep the treated area clean and dry to speed up healing. It is important that you cleanse the tattooed area with antibacterial soap before applying ointment. Remember, you need to avoid hitting the treated area with high pressure water.
Scabs and blisters

Scab formation, blistering, itching and slight bleeding might occur immediately after the treatment and it may continue for several days. Redness and swelling might be severe soon after treatment, but it usually goes away gradually.

If you develop blisters or scabs, apply one of the antibacterial ointments to keep the area moisturized. More importantly, never pick at the scab or blister as it may result in infection and scarring. Infections can also result if you pop a blister so make sure you avoid it.

Shaving of the treated area should be avoided until your skin is completely healed.

Sometimes, you would notice that blistering is severe in some treatments and does not happen when you switch to other methods. Well, this difference in reaction does not mean that your treatment is less aggressive or is not working. It’s just that your body will react differently to different tattoo removal methods.
It’s best to avoid painkiller, but if you cannot bear the discomfort, you may take Tylenol. Remember, powerful painkillers such as aspirin and ibuprofen need to be avoided as they increase the risk of bruising and bleeding.

**Know the difference between scabs and Infections**

Sometimes scabs and blisters look a lot worse than the tattoo itself. But it is important to know the difference between scabs and infections. An infected tattoo is swollen and there will be oozing discharge from a deeper lesion within the skin. If the scabs or blisters are not getting better, go to the nearest emergency room for inspection right away.

**Use Sunscreen and Avoid Tanning**

You need to apply sunscreen to the treated area everyday even after the tattoo has completely healed. It is also important that you cover the treated area with your clothing.

Self tanners, bronzers are a big no-no and need to be avoided at all costs.

**Contact your physician if infection occurs**

Remember, you need to call your primary care physician if an infection occurs. It is also important that you drink lots of water!
Conclusion

The best thing about natural ingredients is that they are effective and leave you with the fresh, clean and healthy skin you want. Now you can get rid of the ink you no longer like with natural ingredients that are easily available at your home. There is minimum risk of side effects and just think about how good you would feel when you don’t have to go through the embarrassment of having an unwanted tattoo.

Here’s hoping that you enjoyed reading the eBook. If there’s anything more you want to add or would like me to know your personal experiences, don’t forget to get in touch.

Good luck!
Appendix: How to Cover Tattoos Fast in Emergency Situations...

Maybe you are in a situation that does not allow you to wait 4-8 weeks of the methods above to get rid of your tattoo. You might have an important job interview tomorrow. You might be meeting a big client at short notice, or maybe your new employer requires that no employee have a visible tattoo. In these cases, masking your tattoo is the answer (temporary of course, until you remove it completely).

The absolute fastest way to cover a tattoo is to literally cover the tattoo with something else. Most tattoos can be covered with clothing in a pinch. It might be obvious, but to cover all the bases, a turtleneck or scarf can be used to cover the neck tattoo, sneakers can cover foot tattoos, and pants can cover ankle, thigh or any other tattoo on your legs. There will be times, such as in the heat of the summer, that those options are not practical; which is when it’s time to break out that creative flare that spurred you to get that tat in the first place. Wrist tattoos have become incredibly popular as of late. The absolute most adorable way to cover a wrist tattoo is the simple little creation called the Lace Wrist Cuff. It’s found online (e.g. on http://www.amazon.com) or, if you’re faced with a tattoo-cover-up emergency, you could always cut up some of that old lingerie you never use and tie it around your wrist. This item is easily played as “I’m so hip I actually wrapped lace around my wrist. Yes, it’s awesome.” Is your arm tat bigger than a dinky piece of lace because you’re so amazeballs that you
got a giant piece of artwork inked on your forearm for your Mom, God and everyone to see? Fear not, you have options too, you wicked cool tattooed person you. You could get the big lace wrist cuff, a fringed leather wrist cuff (so cool) or the Tatjacket.

There are also many products that can truly, honestly cover tattoos without having to wear an extra piece of cloth. After all, your employer may not approve of your sweet leather fringed wrist cuffs or you may be a guy who wouldn’t be caught dead with lace! The secret to making tats invisible, and dying a little on the inside, is in the concealer. There are several heavy duty concealers on the market that provide excellent coverage. If applied correctly, they can be used to flawlessly cover even the most large and outrageous tattoos. The number one product on the market is Dermbablend. They offer a wide range of products used to cover skin imperfections including tattoos. Joe Blasco Concealers and Tatjacket Concealer are also highly regarded products used in the realm of tattoo coverage. These three products are not easily accessible to some people. They would need to be ordered online, purchased at a high end department store or specialty makeup store. We are here to discuss how to cover tattoos fast. Ordering items off the internet is not always ‘fast’ so, for those of us looking for information on “how to cover tattoos fast” while we’re driving down the highway (tisk tisk) on our way to that big interview we shall turn to the loyal, always in your corner, faithful department store we all know and love (or not), called Wal-Mart.

The hands down best heavy duty concealer sold at Wal-Mart is Glamaflauge by Hard Candy (though any heavy duty concealer will do). This goes on thick and makes for great coverage. Choose a color that is closest, but not darker than,
your natural skin color. You will also need a setting powder. If you are still at Wal-Mart, Cover Girl’s TRUEblend Minerals Loose Powder is a great option. Moisturizer is needed to prepare the skin for the concealer. Any moisturizer will do, but it is preferable to use something with Vitamin E. Oil of Olay’s Olay Quench Daily Moisturizer will work well enough. E.L.F. also makes a fantastic makeup setting spray for a polished finish, if we have time.

No matter which concealer you’re able to get your hands on the tat-cover-up process is the same. We shall prepare the skin for transformation by generously moisturizing the tattoo and some of the area around it. After giving the moisturizer a minute or two to dry, it is time to apply the secret ingredient, your concealer. Glamaflauge has a nifty concealer pencil that can be used to trace the entire tattoo before applying concealer. If there is time the concealer pencil works well, but is not necessary. It’s best not to use a sponge for this process. The heavy duty concealers are made to dry during the application process, and sponges tend to take product away with it even after it seems as though it’s dried.

The concealer should be applied in thin layers with a few minutes to dry in between. Start by using your fingers to slather the concealer evenly all over the tattoo, sticking to only the tattooed area. Once the tattoo has about 85% coverage, feather the edges of the concealer into the skin so as to create a seamless transition from skin to makeup. Allow the concealer to dry for 5-10 minutes, or up to 30 minutes if possible. Use a powder brush to set the first layer of concealer, being very gentle and careful not to remove any of the concealer that may not be completely dry. Be sure that the concealer and powder are dry and if needed add another layer of concealer with your fingers.
as you did before, being incredibly careful not to remove any of the makeup that has already been applied. Set the second layer of concealer with another layer of powder. Repeat this process until satisfied with coverage. When you are finished, mist the area with setting spray. Try to allow time for the makeup to dry before changing clothes.

So there you have it, multiple options to cover a tattoo fast in case of emergency situations!